

Day:	Prayer activities: find more info and downloads here: wendoverfreechurch.org.uk	You will need:
Day 1 (Ascension) #ToJesus	God of Glory, I follow you... Take turns blowing some bubbles. As you watch the bubbles, pray for 5 people you know and love, to come to follow God.	Bubbles, Mixture and Wand
Day 2 #Praise	God of Grace, I praise you and thank you for... Download the colouring wheel from the web, print it out and stick the two pages together (or make your own). Each person takes a section of the wheel to colour. While colouring give thanks to Jesus for his love. Light the tea light candle, place it in the centre of the wheel and pray for your 5 friends that they might know his love too.	Tea light candle, colouring wheel
Day 3 #Thanksgiving	God of Grace, I give thanks... As you share the sweets with your family, say a prayer of thanks for all the wonderful things you have, light the tea light candle and give thanks and pray for your 5 people.	Small pack of sweets, tea light candle
Day4 #Penitence	God of Forgiveness, I am sorry for when I have... Each write down something you are sorry for on a torn piece of tissue paper. Screw it up small and put it inside the balloon. Blow up the balloon with your 'sorries' in it and let it go - they will fly away! Light the candle and pray for your 5 friends and family.	Balloon, small piece of torn paper, tea light candle
Day 5 #Oblation	God of Vision, I offer you... Each person write on lollipop sticks and decorate with stickers something they would offer up to God such as a skill or gift - or even a favourite toy. Light the candle and offer the names of the 5 people to pray for up to God.	Lollipop sticks, tea light candle
Day 6 #Intercession	God of Compassion, I pray for... Write the names of the 5 people you pray for on a piece of paper and then fold it into a paper aeroplane. Let the aeroplane fly through the air and pray for each person as you do.	Paper for aeroplanes
Day 7 #Petition	God of Ages, I ask your help... Add some seeds to some damp tissue paper (from packing) or cotton wool and pray to God that he will help the seeds to grow. Then pray that he will help your 5 friends/family to grow closer to him. Light the candle for prayers and tend to the seeds throughout the week.	Pack of Mustard/ Cress seeds, tea light candle
Day 8 #Adoration	God of Love, I adore you... Make paper hearts and decorate them with the names of people to be prayed for and tell God how much we love Him. Pray that these 5 people may come to love Him also.	Paper, scissors
Day 9 #Meditation	God of Understanding, I savour your Word... Give a few different bible verses such as John 3:16, 1 John 4:9, Romans 5:8, Hebrews 4:16 which the family can choose from and write in their keyring or card, pray that God will help you to understand them and carry the keyring or card throughout the rest of the day/week to remember to love His word. Pray that your 5 friends/family might learn something of the bible.	Keyrings or piece of card
Day 10 #Contemplation	God of Mystery, I enter your silence... Take it in turns to drop a raisin into the glass of lemonade. While the raisin ascends to the surface, use the time to pray for one of your 5 friends.	Small box of raisins, glass of lemonade
Day 11 (Pentecost) #ThyKingdomCome	God of Heaven and Earth, I do this in your name... You've had 10 days of prayer – now try some 'extreme prayer'. Go out somewhere to pray, and take photos or film yourselves to make your own prayer album/video/instagram story. Link with our daily prayers with the hashtags <i>#pledge2pray</i> & <i>#thykingdomcome</i> . Someone else might be inspired to pray with you. You can use the Lord's Prayer and pray for your 5 friends and family as well as the daily prayers on our website (www.thykingdomcome.global).	Lord's Prayer on a card